

Curriculum Planning

Enrich Academy



Personal Development

Key Stage 4

Curriculum rationale & design

The Personal Development curriculum at Enrich has been designed specifically for students in alternative provision, who may have experienced disruption to learning, trauma, or social challenges. Our aim is to build emotional literacy, resilience, self-awareness, and safety, helping students to better understand themselves and the world around them.

The curriculum is structured around real-life situations and challenges that are relevant and meaningful to young people, including identity, relationships, mental health, conflict, crime, consent, and online safety. Each unit is practical, reflective, and designed to develop both knowledge and life skills. Sessions are adapted to ensure accessibility for all students, with a focus on trust, respect, and re-engagement.

This approach supports both personal growth and readiness for life beyond school — socially, emotionally, and as responsible members of the community.

Curriculum aims

- To develop self-awareness, emotional regulation, and resilience
- To help students build respectful, healthy relationships
- To provide tools for managing conflict, stress, and difficult choices
- To increase understanding of risk, safety, and consequences (e.g. crime, extremism, online harm)
- To encourage responsible behaviour and positive contribution to community life

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10	L11	L12
Knife crime and the law	The impact of knife crime	Gangs	ASB	What is extremism?	How do people become radicalised?	Drugs	Alcohol	Pressure in relationships	Consent in sexual relationships	Sexual Harassment	Future pathways

Health and Wellbeing	Relationships	Wider World and Citizenship
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Enrich Curriculum: Personal Development	Vocabulary	Lesson sequence
<p>Knowledge (Learn that):</p> <ul style="list-style-type: none"> • Learn that carrying a knife has legal consequences and increases the risk of harm to individuals and others. • Learn that gangs often use fear, pressure and crime to control members • Learn that we must be vigilant to radicalisation and extremist beliefs which can lead to harmful behaviours and break the law. • Learn that consent must be clear, ongoing and freely given in all sexual relationships • Learnt that there are a range of 	<p>Core Vocabulary: responsible, consequence, joint enterprise, gang, vulnerable, extremism, radicalisation, fundamentalism, terrorism, British values, ASB, addiction, legal and illegal drugs,</p>	<p>Teaching Sequence:</p> <p>L1: Knife crime and the law L2: The impact of knife crime L3: Gangs L4: ASB L5: What is extremism? L6: How do people become radicalised? L7: Drugs L8: Alcohol L9: Pressure in relationships</p>

future pathways after Year 11, and participation in education or training is required until age 18.

recovery position, abuse. Consent, participation age, apprenticeship

Vocabulary to Encounter:
anonymously, probation, suspended sentence, fine, community service, pre-sentencing report, classification, unconscious,


L10: Consent in sexual relationships
L11: Sexual Harassment
L12: Future pathways

Disciplinary aims:

- Analyse the consequences of risky or illegal behaviour (e.g. knife crime, drugs, ASB).
- Recognise and evaluate unhealthy or abusive relationships, including coercion and harassment.
- Apply the law to real-life scenarios, particularly around consent, crime, and radicalisation.
- Reflect on personal values, choices, and external influences (e.g. peer pressure, media).
- Communicate concerns safely and identify trusted sources of support.



Links to the national curriculum:

- **Relationships and Sex Education (RSE):** Respectful relationships, consent, staying safe
 - **Citizenship:** Law, responsibilities, British values, risks of radicalisation and how to report concerns (Prevent Duty)
 - **Health Education:** Legal/Illegal drugs, alcohol, mental wellbeing
 - **Safeguarding:** Recognising abuse, exploitation, and risky behaviour
 - **Careers and Post-16 Options:** Understanding education and training pathways (apprenticeships, college, sixth form) and making informed choices for the future.
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